FFTA & FFTAS
Organizational Update
Summer 2026

Food For Thought Afghanistan

Food For Thought Afghanistan Suisse

"A match lit in the darkness burns most brightly."

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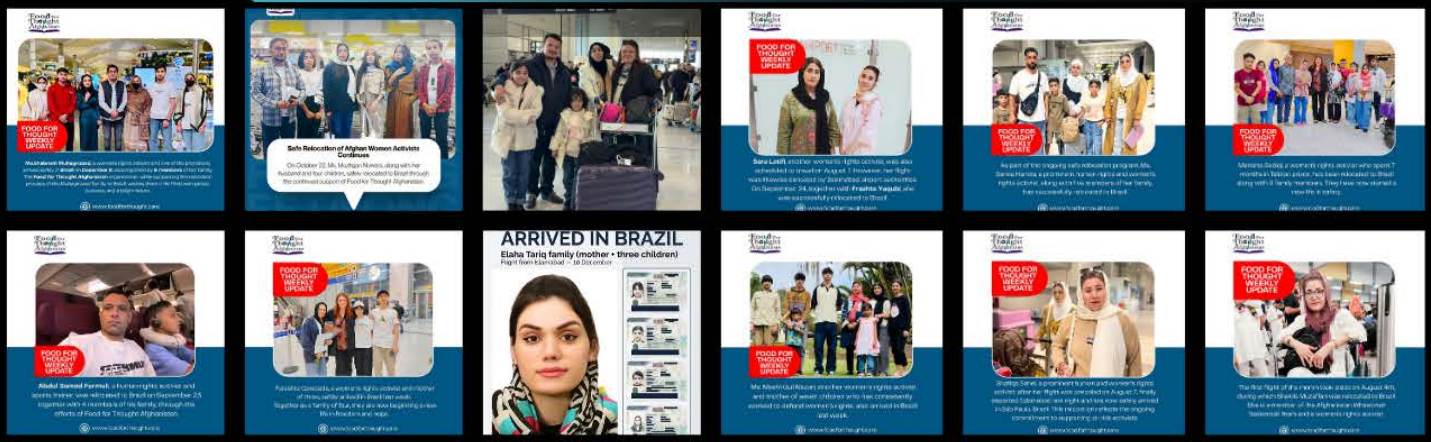
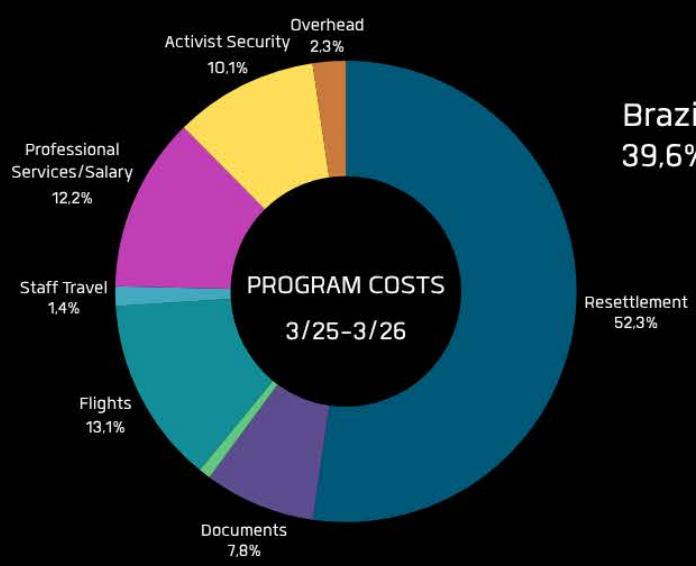
SAVE 60 AFGHAN WOMEN'S RIGHTS ACTIVISTS CAMPAIGN

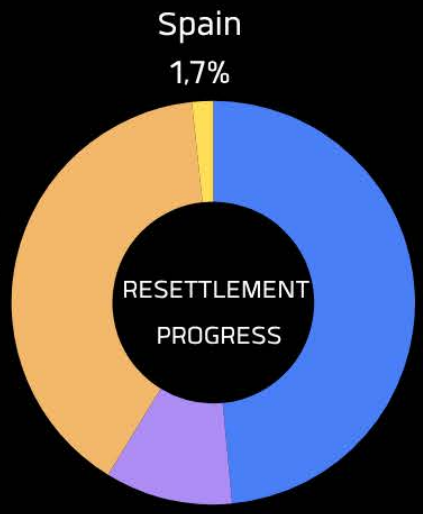
To date, Food for Thought Afghanistan has facilitated and funded the relocation of 31 Women's rights activists and their families in Brazil, Spain and France.
Several of them are in the photo at right, taken on the streets of Kabul. All were stranded in Pakistan after being targeted for threats, violence, imprisonment and even torture by the Taliban.
Work to evacuate the remaining families remains ongoing.

THIS MISSION IS NOT JUST HUMANITARIAN AID; IT IS AN EFFORT TO PRESERVE THE LIVES, THE VOICES, AND FUTURES OF AFGHANS WHO STOOD FOR FREEDOM AND JUSTICE.



BY THE NUMBERS





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SCAN TO DONATE AND LEARN MORE:

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ACTIVISM

The rights of the people of Afghanistan, both inside and outside the country, are too often being disregarded and misused by decision makers and policy makers. Food for Thought Afghanistan is committed to ensuring that the voices of those who are being impacted by events in Afghanistan are heard and represented at governmental and institutional levels.

Our advocacy starts with listening to Afghan people who are dealing with the consequences of what is happening in Afghanistan. Then we bring their voices and their perspectives to the media and into discussions with political and civil leaders dealing with Afghanistan.

UNDERGROUND SCHOOL IN KABUL

While restrictions remain in place for girl's education, there are exceptions being made for private madrassas using approved curriculum. With financial and technical support from FFTA, this narrow opening is being used by two well educated young women in Kabul to begin educating girls. Along with the religious oriented curriculum, the women are able to provide instruction in a wide array of subjects including English language and Persian literature. With proper funding, FFTAS has the capacity to open underground schools in areas around Afghanistan.

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HUNGER

FAST FACTS:

- 160 FOOD PACKAGES PROVIDED
- 50 CHARCOAL PACKAGES PROVIDED
- ALL MATERIALS SOURCED FROM LOCAL MERCHANTS
- COMMUNITY SUPPORT, STRONG TRANSPARENCY AND SECURITY MECHANISMS PROTECT THE INTEGRITY OF THE PROGRAM

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MAKE A DONATION TO PROVIDE FOOD SUPPORT FOR FAMILIES IN AFGHANISTAN:

DOCUMENTARY IN PRODUCTION

"From Darkness to Hope" tells the story of Food for Thought Afghanistan's "Save 60 Afghan Activists" project, as experienced in the lives of Afghan human rights defenders who became targets of the Taliban.

"From Darkness To Hope will premiere at our conference on 19 November, hosted at the Geneva Graduate Institute. The conference will be focused on applied research by academics as a means to address unfolding crisis, using Afghanistan as an example.

ÉVÉNEMENT DU 19 NOVEMBRE

GENEVA GRADUATE INSTITUTE

INSTITUT DE HAUTES ÉTUDES INTERNATIONALES ET DU DÉVELOPPEMENT

GRADUATE INSTITUTE OF INTERNATIONAL AND DEVELOPMENT STUDIES

MAKE A DONATION TO SUPPORT THIS PROJECT:

FOLLOW US ON SOCIAL MEDIA

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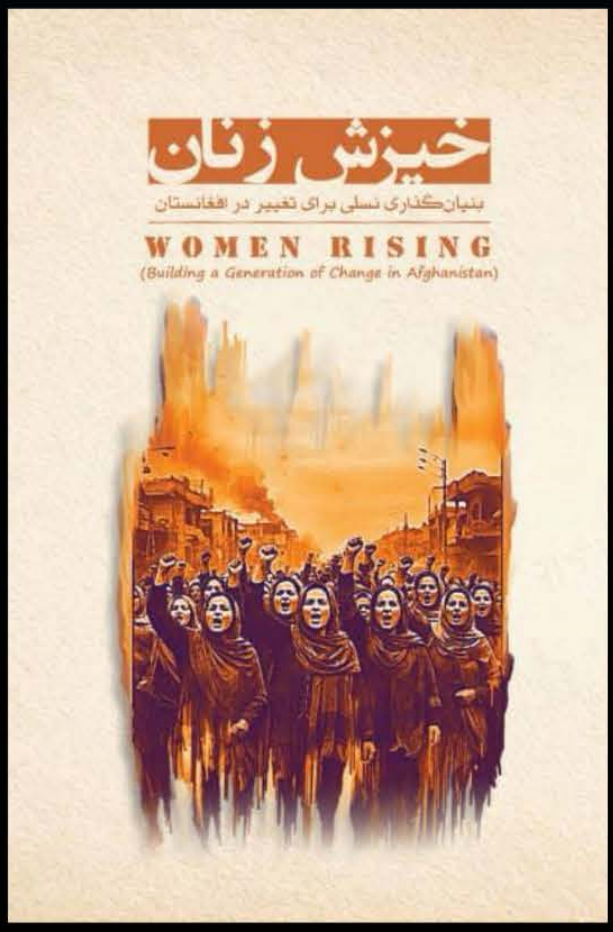
EDUCATION FOR CIVIL SOCIETY

The challenges facing Afghanistan's Civil Society require skills, knowledge, personal tenacity, and wisdom. Food for Thought Afghanistan provides specialized educational opportunities and learning materials in Persian for activists and others involved in work benefiting Afghan people.



Past Courses:
Leadership Development
Research Skills
An Activist Approach to Social Change

Current Course:
Domestic Abuse in the Context of Afghanistan

Courses in Development:
Peace Ambassador Training
Narrative Building Against Violent Extremism
PTSD Recovery

Proposed Future Courses:
Constitutional Law
Afghan Refugee Studies
Non-Violence for Former Military

VIEW THE COURSE "AN ACTIVIST APPROACH TO SOCIAL CHANGE", TAUGHT BY DR. FATEMEH HAKIMA:

DOWNLOAD "WOMEN RISING: BUILDING A GENERATION OF CHANGE IN AFGHANISTAN:

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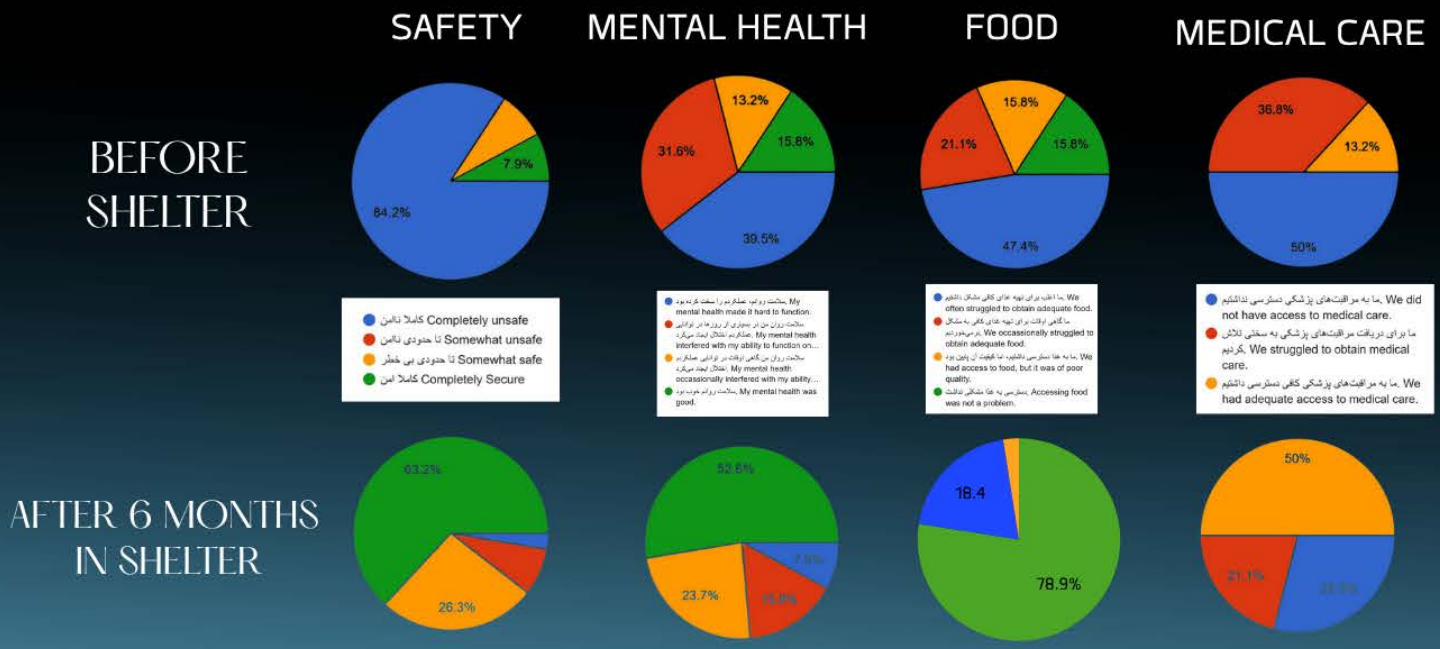
SAFE SHELTERS IN PAKISTAN

To Protect families waiting for evacuation through our “Save 60 Activists” program, Food for Thought Afghanistan opened safe shelters in September 2025. Currently 19 families are living in 3 safe shelters located in more remote areas of Pakistan.

The program is overseen by Pakistani Country Director, Noor Marjan. Noor Marjan’s previous experience includes running shelters for victims of domestic abuse in Afghanistan and helping lead a Successful movement to pass anti-femicide legislation in Pakistan.

To date, every family who was unable to leave Pakistan before September has been impacted by deportation efforts except for the families in our shelters. Many of the activists in these safe shelters have continued engaging in online activism and media appearances.

THE IMPACT OF SAFETY



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FOR A REPORT ON THE FULL RESULTS FROM OUR 6 MONTH SURVEY OF FFTA SAFE SHELTER RESIDENTS, SCAN THE QRL CODE AT RIGHT.

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OUR MISSION AND PHILOSOPHY

For decades, billions of dollars have poured into Afghanistan with very little of it benefiting the average citizen and far too little of lasting value created with that money. Just imagine if every dollar spent on weapons had been invested into education instead. What if instead of lining the coffers of corrupt leaders, the money had gone into business and community development? Afghan would be in a much different position than it finds itself today, certainly.

At the heart of Food for Thought Afghanistan's mission is doing what should have been done all along – put resources and support into the hands of Afghan people who have been doing the work to educate, feed, and develop the capacity of their people. Empower them to do for themselves what their government and all the great powers of the world could not.

When you donate to Food for Thought Afghanistan, you are making resources and support available to the people who understand their community's needs and how best to help them. The Afghan people we work with are leaders; they are educated and already doing the work required to uplift their communities, but they are operating under extraordinarily difficult conditions. Your generous donation opens up their ability to do the work they are trained and committed to do for the benefit of Afghanistan and the world.

MAKE A DONATION NOW: